



BEREA RECREATION

2019 - SUMMER - LEARN TO SWIM SCHEDULE



OUTDOOR POOL

Session 1 Monday-Friday
June 10 - June 21

Class Levels and Times

L1 Starfish	10:00am
	10:50am
	11:40am
L2 Sea Horse	10:00am
	10:50am
	11:40am
L3 Dolphin	10:00am
	10:50am
	11:40am
L4 Stingray	10:00am
	10:50am
	11:40am
Preschool / Tadpole	12:30pm
Parent & Child / Pollywog	12:30pm

OUTDOOR POOL

Session 2 Monday-Friday
June 24 - July 5

Class Levels and Times

L1 Starfish	10:00am
	10:50am
	11:40am
L2 Sea Horse	10:00am
	10:50am
	11:40am
L3 Dolphin	10:00am
	10:50am
	11:40am
L4 Stingray	10:00am
	10:50am
	11:40am
Preschool / Tadpole	12:30pm
Parent & Child / Pollywog	12:30pm

OUTDOOR POOL

Session 3 Monday-Friday
July 8 - July 19

Class Levels and Times

L1 Starfish	10:00am
	10:50am
	11:40am
L2 Sea Horse	10:00am
	10:50am
	11:40am
L3 Dolphin	10:00am
	10:50am
	11:40am
L4 Stingray	10:00am
	10:50am
	11:40am
Preschool / Tadpole	12:30pm
Parent & Child / Pollywog	12:30pm

OUTDOOR POOL

Session 4 Monday-Friday
July 22 - August 2

Class Levels and Times

L1 Starfish	10:00am
	10:50am
	11:40am
L2 Sea Horse	10:00am
	10:50am
	11:40am
L3 Dolphin	10:00am
	10:50am
	11:40am
L4 Stingray	10:00am
	10:50am
	11:40am
Preschool / Tadpole	12:30pm
Parent & Child / Pollywog	12:30pm

ALL LEVEL CLASSES ARE 45 MINUTES IN LENGTH. TADPOLE AND POLLYWOG ARE 30 MINUTES IN LENGTH. CLASSES ARE NEVER CANCELLED. IN THE CASE OF INCLEMENT WEATHER CLASSES WILL BE MOVED TO PAVILLION.

Registration Fees: \$52.00 for all outdoor classes

CLASS

DESCRIPTIONS

POLLYWOG (30 minutes) (Parent and Child)	Have fun with your young child in the water. Ages 6 mo – 3 yrs. Instructor gives parents safety information and swim techniques to be with their child. Must be accompanied by an adult, must be at least 6 months on the first day of class.
TADPOLE (30 minutes) (Pre-School Aquatics)	Children ages 3- 5 learn to be comfortable in the water and participate independently (without parent) in the small pool. All STARFISH skills are taught in this class. Must be at least 3 years of age on the first day of class.
STARFISH: (Level 1) (45 minutes)	Participants learn to be comfortable in 3 ft. of water with face in the water, gliding, floating, kicking, face in the water, breathe control and crawl stroke. Ability to stand on the bottom of the big pool is helpful for active participation.
SEA HORSE: (Level 2) (45 minutes)	Participants develop floating, gliding and rhythmic breathing skills along with swimming across the width of the pool on their front and back. Develop skills learned in Starfish.
DOLPHIN: (level 3) (45 minutes)	Participants develop front crawl and back crawl and learn to swim the length of the pool with proper breathing. Scissor, dolphin kick and survival floating are introduced.
STINGRAY: (Level 4) (45 minutes)	Participants increase endurance with swimming front crawl and back crawl. Sidestroke, backstroke, breaststroke, butterfly and turning at the wall are introduced.

ALL SESSIONS ARE INDIVIDUAL. WE CANNOT PRORATE, SPLIT SESSIONS, OR DO MAKE UP CLASSES. PARENTS MUST SIT IN DESIGNATED AREAS DURING LESSONS AS THEY ARE NOT PERMITTED TO SIT ON THE POOL DECK. THANK YOU FOR YOUR COOPERATION.

SATURDAY INDOOR POOL CLASSES

Saturday Sessions

Session 1 June 8 - June 29

Session 2 July 6 - July 27

Class Levels and Times

Pollywog (parent child)	10:00am
L1 Starfish	10:30am
L2 Sea Horse	11:20am

Registration Fees: \$25.00 for indoor classes

SATURDAY CLASSES ARE HELD AT THE INDOOR POOL ONLY. PARENTS ARE NOT PERMITTED TO SIT ON POOL DECK DURING CLASS.

Berea Outdoor Pool is open to the public Monday thru Sunday from 1pm -8pm from May 25th thru August 18th. Excluding Special Events.

2019 TITAN SHARKS SUMMER SWIM TEAM

Enjoy swimming? Want to meet new friends? Want to see how much you can improve as a swimmer?

Visit our Titan Sharks website at: <https://sites.google.com/view/titansharks/home>

We are a summer competitive swim team that teaches swimmers stroke development, endurance, and sportsmanship.

We are a member of the Southwest Swim League and swim several meets, including a whole league relay and a culminating championship meet. Swimmers practice in the morning, and optional evening practices are also available.

Registration available at the Brea Recreation Center.

Cost: \$90.00 if registered by May 15th - \$110.00 if registered after May 15th.

