

# 2017 - SUMMER OUTDOOR P

## Session 1 Monday-Friday June 5 - June 16

Class Levels and Times	
L1 Starfish	10:00am
	11:00am
	12:00pm
L2 Sea Horse	10:00am
	11:00am
	12:00pm
L3 Dolphin	10:00am
	11:00am
	12:00pm
L4 Stingray	10:00am
	11:00am
	12:00pm
L5/6 Titan Shark	7:30am
Preschool / Tadpole	10:00am
	11:00am
	12:00pm
Parent & Child / Pollywog	12:00pm

## Session 2 Monday-Friday June 19 - June 30

Class Levels and Times	
L1 Starfish	10:00am
	11:00am
	12:00pm
L2 Sea Horse	10:00am
	11:00am
	12:00pm
L3 Dolphin	10:00am
	11:00am
	12:00pm
L4 Stingray	10:00am
	11:00am
	12:00pm
L5/6 Titan Shark	7:30am
Preschool / Tadpole	10:00am
	11:00am
	12:00pm
Parent & Child / Pollywog	12:00pm

CLASS	DESCRIPTION
<b>POLLYWOG (Parent and Child)</b>	Have fun with your young child in the water. Ages 6 mo – 3 yrs. Instructor to be with their child. Must be accompanied by an adult, must be at least 18 years old.
<b>TADPOLES (Pre-School Aquatics)</b>	Children ages 3- 5 learn to be comfortable in the water and participate in basic STARFISH skills are taught in this class. Must be at least 3 years of age or older.
<b>*STARFISH: (Level 1)</b>	Participants learn to be comfortable in 3 ft. of water with face in the water. Develop front crawl and crawl stroke. Ability to stand on the bottom of the big pool.
<b>SEA HORSES: (Level 2)</b>	Participants develop floating, gliding and rhythmic breathing skills along with front crawl and backstroke. Develop skills learned in Starfish.
<b>DOLPHINS: (level 3)</b>	Participants develop front crawl and elementary backstroke and learn to be comfortable in 6 ft. of water.
	Participants increase endurance with swimming front crawl and elementary backstroke.

<b>STINGRAYS: (Level 4)</b>	Participants increase endurance with swimming front crawl and elementary backstroke, breaststroke, and butterfly and turning at the wall. Scissors
<b>BARRACUDAS: (Level 5)</b>	Participants refine all their strokes: breast stroke, crawl and back crawl, develop endurance by swimming laps. Ability to swim 25 yards crawl st backstroke.
<b>TITAN SHARKS: (Level 6)</b>	Participants refine strokes, build endurance and learn swim turns and d yards elementary backstroke, and swim 25 yards of breaststroke and be

# POOL - LEARN TO SWIM SCHEDULE

<b>Session 3 Monday-Friday July 3 - July 15</b>	
<b>Class Levels and Times</b>	
L1 Starfish	10:00am
	11:00am
	12:00pm
L2 Sea Horse	10:00am
	11:00am
	12:00pm
L3 Dolphin	10:00am
	11:00am
	12:00pm
L4 Stingray	10:00am
	11:00am
	12:00pm
L5/6 Titan Shark	7:30am
Preschool / Tadpole	10:00am
	11:00am
	12:00pm
Parent & Child / Pollywog	12:00pm

<b>Session 4 Monday-Fri July 17 - July 28</b>	
<b>Class Levels and Times</b>	
L1 Starfish	
L2 Sea Horse	
L3 Dolphin	
L4 Stingray	
L5/6 Titan Shark	
L5/6 Titan Shark	
Preschool / Tadpole	
Parent & Child / Pollywog	

## INFORMATION

...tor gives parents safety information and swim techniques ...st 6 months on the first day of class.

...independently (without parent) in the small pool. All ...n the first day of class.

...ater, gliding, floating, kicking, face in the water, breathe ...is helpful for active participation.

...g with swimming across the width of the pool on their front

...o swim the length of the pool

...stary backstroke. They begin to learn sidestroke

<b>Saturday Session June 3 - July 29 (No class J</b>	
<b>Class Levels and Times</b>	
L1 Starfish	
L2 Sea Horse	
Parent & Child / Pollywog	

Classes are never canceled. In c ...inclamate weather, classes will b ...into the pavilion area.

Registration Fees: \$52.00 for all

Berea Outdoor Pool  
Open to the public hours are Mon ...Sunday from 1pm -8pm from May ...August 13th.

Elementary backstroke. They begin to learn sidestroke, freestyle and dolphin kick and survival floating are introduced.

Freestyle, sidestroke, elementary backstroke and butterfly. They learn to turn, change direction and swim 25 yards elementary

freestyle and butterfly. Ability to swim 50 yards back crawl.





**day**



10:00am
11:00am
12:00pm
10:00am
11:00am
12:00pm
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10:00am
11:00am
12:00pm
7:30am
8:30am
10:00am
11:00am
12:00pm
12:00pm

**July22)**



8:50am
9:25am
10:00am

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**classes**

**day thru  
27th thru**

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